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African Dance Trends (Dance And Fitness Trends) (Dance & Fitness Trends)



Synopsis

This contemporary title explores African dance trends in today's health-oriented world. The teenage reader is exposed to the health and fitness perspective of African dance, African regional differences, dance meanings, and history, and is encouraged to draw conclusions as to the appropriateness of the activity in his or her life. Safety issues are presented where appropriate. The African Dance Trends title has been developed to encourage teens to analyze the information and satisfies many of the Common Core specific goals, higher level skills, and progressive strategies for middle grade and junior high level students.

Book Information

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